

HENSINGHAM PRIMARY SCHOOL

WEEK 3

Freshly
made
every day!

DAY

CHOICE 1



CHOICE 2

CHOICE 3

PUDDING

Monday

Pasta Bolognaise
served with Crunchy Bread,
Sweetcorn and Peas

Kitchen Made Vegetable Soup
served with a Soft Roll filled with a
choice of Tuna, Egg, Ham or
Cheese

Oven Baked Jacket Potato
filled with Cheese, Tuna or
Beans served with Mixed Salad

Ice Cream and Peaches
or
Fresh Fruit or Yoghurt

Tuesday

Chunky Chicken Bites
served with Mashed Potatoes,
Green Beans and Beetroot

Kitchen Made Vegetable Soup
served with a Soft Roll filled with a
choice of Tuna, Egg, Ham or
Cheese

Oven Baked Jacket Potato
filled with Cheese, Tuna or
Beans served with Mixed Salad

Fruity Flapjack and Custard
or
Fresh Fruit or Yoghurt

Wednesday

Roast Ham
served with Roast & Boiled Potatoes,
Baby Carrots, Pea and Gravy

Kitchen Made Vegetable Soup
served with a Soft Roll filled with a
choice of Tuna, Egg, Ham or
Cheese

Oven Baked Jacket Potato
filled with Cheese, Tuna or
Beans served with Mixed Salad

Iced Sponge
or
Fresh Fruit or Frozen Yoghurt

Thursday

Lasagne
served with Garlic Bread and Mixed
Vegetables

Kitchen Made Vegetable Soup
served with a Soft Roll filled with a
choice of Tuna, Egg, Ham or
Cheese

Oven Baked Jacket Potato
filled with Cheese, Tuna or
Beans served with Mixed Salad

Shortbread and Custard
or
Fresh Fruit or Yoghurt

Friday

Fishcakes
served with Chips, Baked Beans and
Coleslaw

Kitchen Made Vegetable Soup
served with a Soft Roll filled with a
choice of Tuna, Egg, Ham or
Cheese

Oven Baked Jacket Potato
filled with Cheese, Tuna or
Beans served with Mixed Salad

Cheese, Crackers and Apple
or
Fresh Fruit or Frozen Yoghurt

Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.

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