

# HENSINGHAM PRIMARY SCHOOL WEEK 1

Freshly  
made  
every day!

DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Sweet Tomato &amp; Cheese Pasta Bake</b> served with Sweetcorn and Peas	<b>Kitchen Made Vegetable Soup</b> served with a Soft Roll filled with a choice of Tuna, Egg, Ham or Cheese	<b>Oven Baked Jacket Potato</b> filled with Cheese, Tuna or Beans served with Mixed Salad	<b>Chocolate Crunch &amp; Chocolate Sauce</b> or Fresh Fruit or Frozen Yoghurt
<b>Tuesday</b>	<b>Chicken Korma</b> served with Rice and Naan Bread	<b>Kitchen Made Vegetable Soup</b> served with a Soft Roll filled with a choice of Tuna, Egg, Ham or Cheese	<b>Oven Baked Jacket Potato</b> filled with Cheese, Tuna or Beans served with Mixed Salad	<b>Cookie</b> or Fresh Fruit or Yoghurt
<b>Wednesday</b>	<b>Roast Pork</b> served with Roast & Mashed Potatoes, Baby Carrots, Broccoli and Gravy	<b>Kitchen Made Vegetable Soup</b> served with a Soft Roll filled with a choice of Tuna, Egg, Ham or Cheese	<b>Oven Baked Jacket Potato</b> filled with Cheese, Tuna or Beans served with Mixed Salad	<b>Ice Cream Tub and Fruit Salad</b> or Fresh Fruit or Yoghurt
<b>Thursday</b>	<b>Minced Beef &amp; Dumplings</b> served with Mashed Potatoes, Cabbage and Sliced Carrots	<b>Kitchen Made Vegetable Soup</b> served with a Soft Roll filled with a choice of Tuna, Egg, Ham or Cheese	<b>Oven Baked Jacket Potato</b> filled with Cheese, Tuna or Beans served with Mixed Salad	<b>Fruit Sponge and Custard</b> or Fresh Fruit or Yoghurt
<b>Friday</b>	<b>Fish Fillet</b> served with Chips, Peas and Tomato Sauce	<b>Kitchen Made Vegetable Soup</b> served with a Soft Roll filled with a choice of Tuna, Egg, Ham or Cheese	<b>Oven Baked Jacket Potato</b> filled with Cheese, Tuna or Beans served with Mixed Salad	<b>Grasmere Gingerbread</b> or Frozen Yoghurt

Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.